

# California Adolescent Health Collaborative Newsletter Fall 2011

[www.californiateenhealth.org](http://www.californiateenhealth.org)  
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California Adolescent Health Collaborative (CAHC), a project of Public Health Institute (PHI), is a statewide public-private coalition that works to increase understanding and support of adolescent health and well-being in California

**Because Adolescents Matter Now**

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## Organizational Profile

**ISIS** is a nonprofit (founded in 2001) that specializes in the use of digital and mobile technology to educate and connect youth and young adults with sexual and reproductive health resources and services. As a national leader in this area, ISIS provides leadership, [resources](#), and capacity building for non-profits, health departments, and educational institutions to further the application of digital and mobile technology in the field of adolescent health. Two especially noteworthy resources that ISIS makes available to the field include [Sx::Tech](#), its upcoming annual conference on youth, technology and reproductive health, and its recent white

Dear Colleagues and Friends:

Happy Fall! We hope you've been enjoying the change of seasons and are pleased to announce a change of our own: [We have a new website!](#) We're still your favorite clearinghouse for adolescent data, resources, news, and upcoming events and we think you'll enjoy our new format. Please let us know what you think!

We're equally excited to announce our newest CAHC resource: *Impact of Social Media on Adolescent Behavioral Health in California*. You'll find it on our website under [publications](#). Also, our [California Adolescent Health Data Set](#), a collection of California-wide and county-specific data about the health status of adolescents, has been updated with longitudinal data, including 2009 birth data.

The new state mandate that all 7th to 12th graders receive the pertussis booster before the start of the school year, brought a flurry of teens in to medical providers to meet the deadline, and in some cases, the deadline extension, to get their booster. Reports show that the push for vaccinations was successful. Also on the vaccine front is the signing of AB499, which will allow minors twelve and older to give their own consent to get the HPV vaccine.

Finally, we'd like to direct you to the right sidebar of the newsletter where you'll find ISIS, Inc., a nonprofit that specializes in the use of digital and mobile technology to educate and connect youth with sexual and reproductive health resources, highlighted as our organizational profile.

Happy reading!

Sincerely,

**California Adolescent Health Collaborative**

## In the News

### CALIFORNIA HEALTH

#### [2010 Census Shows Two Million California Kids in Poverty](#)

U.S. Census figures released earlier this fall indicate that more than six million people in the Golden State, more than two

paper, "[TECHsx USA](#)," that explores how youth use digital technology to learn and communicate about sexual and reproductive health (available FREE for download [here](#)).

**Sx::Tech 2012:** For its fifth consecutive year, ISIS will host [Sx::Tech](#), its annual conference on youth, technology and reproductive health in San Francisco, CA. Sx::Tech provides the nation's leading opportunity to network and explore program successes and lessons learned, cutting edge research, and innovation at the intersection of digital technology, sexual and reproductive health and youth. [Sx::Tech 2012](#) will be held on April 1-3. Early bird registration and the [call for abstracts](#) for Sx::Tech 2012 is now open. **Are you and your work furthering the application of digital and mobile technology within the field of adolescent health? [Submit your abstract today!](#) Deadline for abstract submission is Nov. 18, 2011.**

Follow ISIS on [Facebook](#) and [Twitter \(@ISISorg\)](#) to stay up to date with their latest activities and resources.

## Quick Links

[California Adolescent Health Collaborative](#)

[National Center for Youth Law](#)

[National Adolescent and Young Adult Health Information Center at UCSF](#)

[Adolescent Health Working Group](#)

million of them children, lived in poverty last year, an increase for the sixth straight year.

### [Study Finds Whooping Cough Vaccine Wears Off After Three Years](#)

Pertussis continues to be on the immunization forefront. According to a study from Kaiser Permanente Medical Center, the pertussis vaccine given to children before they begin school might lose its effectiveness sooner than previously thought.

### [Public Health Officials Combat STIs Using Technology-Based Tools](#)

Public health officials in California are using new technology tools to combat rising rates of sexually transmitted infections. In Los Angeles, middle schools are implementing an animated computer program that allows students to explore how fictional characters face realistic sexual situations. In the Bay Area and in San Diego, text messaging services help increase STI testing through sending reminders.

### [Racial and Ethnic Disparities in Contraceptive Method Choice in California](#)

This study, using data from the 2006-2008 California Women's Health Study on women aged 18-44 at risk of unintended pregnancy, finds that racial and ethnic disparities persist in contraceptive method of choice.

## REPRODUCTIVE HEALTH

### [DC Schools to Rollout Standardized Sex Education Tests](#)

Starting this spring, Washington D.C. public schools and public charter schools will start administering a 50-question sexual education test to 5th-, 8th-, and 10th-grade students. This will make it the first school district in the nation to utilize standardized testing to determine student knowledge of subjects like human sexuality, contraception, and drug use.

### [Bacterial STDs and Perceived Risk Among Sexual Minority Young Adults](#)

Using data from young adults aged 18-26, this study finds that among individuals testing positive for STDs, women exclusively in same-sex relationships were much more likely to believe they were at very low risk for STDs than women exclusively in opposite-sex relationships, suggesting an inaccurate understanding of their personal risk. In fact, 71% of all respondents with an STD believed they had a very low chance of having one.

## INJURY PREVENTION

### [Teen Driving Restrictions Fail to Curb Fatal Crashes](#)

A new analysis of national crash data published this fall in the Journal of the American Medical Association found that though the rate of fatal accidents involving 16-year-old drivers was 26% lower in states that prohibited teens from driving at night and carrying certain passengers, among 18-year-olds, strong graduated driver licensing (GDL) programs were associated with a 12% increase in the fatal crash rate.

## **NUTRITION AND PHYSICAL ACTIVITY**

### **Healthy is the New Skinny: Group Challenges Body Image Stereotypes**

Recent studies show eating disorders are on the rise among children and teens. Founders of a new organization, the Perfectly Unperfected Project (PUP), are hoping to change all of that by replacing what they say is a distorted image of beauty with one that is more authentic.

### **Miss Representation Documentary Premier**

The film premiered last week in the US this week and explores how the media's misrepresentation of women has led to the underrepresentation of women in positions of power and influence.

## **Resources**

### **CALIFORNIA HEALTH**

#### **Impact of Social Media on Adolescent Behavioral Health in California**

CAHC's latest brief provides an overview of social media use by teens and examines how social media impacts the behavioral health of California's adolescents.

#### **New Data Update to the California Adolescent Health Data Set**

CAHC's California Adolescent Health Data Set was recently updated with longitudinal data, including 2009 birth data. The Data Set is a collection of California-wide and county-specific data about the health status of adolescents.

#### **The California Healthy Students Research Project**

This project is devoted to understanding and addressing issues of health and well-being that affect student achievement. The project provides evidence-based policy and practice recommendations to foster the school culture, environment, supports and services needed to give all youth the opportunity to be successful learners.

### **REPRODUCTIVE & SEXUAL HEALTH**

#### **Latinas Organizing for Leadership and Advocacy (LOLA) Training Goes Virtual**

This webinar training provides Latina activists, ages 18-25, with sessions on the history of the reproductive rights movement, community organizing models and specific skill building tools to prepare participants with the knowledge and resources for launching a campaign.

#### **Advocates for Youth's Let's Talk Month Guidebook**

October is *Let's Talk Month*, an opportunity to reach out and communicate about sexuality. Advocates for Youth's *Let's Talk Month Planning Guidebook* contains suggestions for parents and other adults about how to connect with youth, and includes tips and ideas for talking to youth and how to build an effective partnership between youth and adults.

#### **Native Youth Sexual Health Network**

The Native Youth Sexual Health Network (NYSHN) is a North-America wide organization working on issues of healthy sexuality, cultural competency, youth empowerment, reproductive justice, and sex positivity by and for Native youth.

## GENERAL HEALTH

### [Kaiser Adolescent Health Issue Module](#)

Kaiser's adolescent health issue modules focus on specific policy issues and features related headlines, key data, relevant reports, and more.

## Policy Updates

### [Brown Signs Preventive STI Treatment Bill](#)

Governor Jerry Brown signs AB 499, allowing children ages 12 and older to obtain preventive treatment, including the HPV vaccine, for sexually transmitted infections without parental consent.

### [Brown Signs California Dream Act](#)

Governor Jerry Brown also recently signed AB 131, the second bill of the two-part California Dream Act, allowing undocumented immigrant students to apply for state-funded financial aid for college.

## Upcoming Events

### [Minor Consent and Confidentiality Training, Part 2, November 10, 2011, Oakland](#)

CAHC hosts this advanced workshop for adolescent service providers. Participants will gain a deeper understanding of the intersection of FERPA and HIPAA and confidentiality and minor consent rights as they apply to dependent and delinquent court-involved youth. Online registration is open.

### [Minor Consent and Confidentiality Training, January 19, 2012, San Luis Obispo](#)

CAHC hosts a Minor Consent and Confidentiality Training on January 19, 2012 in San Luis Obispo. The workshop will review practice standards and guidelines, policy issues, and other information on minor consent/confidentiality, including an overview of FERPA and HIPAA. Case scenarios for a variety of youth-serving settings will be presented for discussion and questions. Online registration is open.

### Show your support!

If you want to contribute, please visit us at <http://www.californiateenhealth.org/about-us/donate>.

CAHC is proudly supported by [Maternal, Child and Adolescent Health Program, Center for Family Health, California Department of Public Health](#); [The David and Lucile Packard Foundation](#); and [Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice](#).

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