

YOUTH TRACK SESSIONS

(These sessions have been planned by the conference Youth Advisory Committee coordinated by Health Initiatives for Youth (HIFY). Youth may attend these or any of the other conference sessions. A complete listing of all conference sessions can be found on the conference program page of this website)

Thursday May 18

9:00 am – 10:00 am Plenary Session

The Power of Your Voice

Mary Hayashi, President and Founder of the Iris Alliance Fund

Vicki Abadesco, educator, Soul Shoppe

Communication, commitment and collaboration are the keys. This interactive session will focus on the power of your voice to be heard and to make a difference.

10:15 – 11:45 am Workshop Session 1

It's Your World, So Change It!

Carrie Ellett, Director of Program and Recruitment

Patricia Torres, Program Assistant

Girls For A Change

If you've ever been mad about things that are happening in your school or city or neighborhood, join us to find out how you can make change! This workshop will teach you how to make things different in your community and how to become a community leader NOW. Learn to look at the cause of things and think of ways for creating change using your leadership skills.

Flippin' Da Script: Homophobia in our Community

Anthony, 16, Leadership High, Richmond

Brenisha, 18, San Leandro

Tolokula, 17, East Bay Conservation Corps, Oakland

Winnie, 16, Met West, Oakland

Health Initiatives For Youth Peer Educators

In the era of Queer Eye, GSA's and same-sex marriage, you would think we are moving towards a more accepting world. Yet, every day queer and transgendered youth are harassed at school and home. As peer educators, it's our job to put an end to homophobia, through education and real information. Hang with us, play games, win prizes, talk real, and leave inspired to be a better ally.

Not Another Funeral: Dealing with Depression and Suicide Among Youth

Balboa High School Peer Resources

Explore the real deal on depression through an interactive, multimedia session.

1:15 pm – 2:45 pm Workshop Session 2

Roots Of Violence...We Are The Ones We've Been Waiting For*

Karla Robinson, Peer Educator

Janay Washington, Peer Educator

VIP Girls of Huckleberry's Cole Street Clinic

Ever wondered what people are talking about when they use an 'ism'? Want to understand how the government really does impact our everyday lives? Want to learn about collective power and the social justice movement? This is an interactive workshop that uses anti-oppression activities and techniques to understand why there is an epidemic of violence in the urban centers of this country. Learn how the systems that govern our country have control over us without our consent and learn ways to resist injustice and inequality.

*The Elders, Hopi Nation, Oraibi, Arizona

Guys & STIs

New Generation Health Center

Youth will discuss how STIs effect men using graphic pictures of what can happen to those who wait too long to get tested and treated.

Body Image & Eating Disorders

Teen Advocacy Group of Southwest Community Health Center

Vanessa, Montgomery High, Santa Rosa

Magdalena, Santa Rosa Junior College

Ivan, Elsie Allen High, Santa Rosa

Carlos, Elsie Allen High, Santa Rosa

Explore body image, eating disorders and steroids. Learn what they are and how teens can deal with them.

3:00 pm – 4:30 pm Workshop Session 3

Shout Out Loud! Uniting Our Voices as Peer Educators

Mayra, Watsonville High

Ana, Watsonville High

Christina, Watsonville High

Teen Advocates of Strategic Health Communications

A chance to see how Teen Advocates leads workshops surrounding issues about teen pregnancy, safer sex practices, relationships, communication and making informed decisions. This session is all about collaboration and experiencing fun activities.

Boys and Girls vs. Bois and Grrls: An exploration of gender and trans identities

Nikki Kowell, student Antioch College

HIFY Youth Collaborative

In this workshop we will be focusing on gender stereotypes within the world we live. We will also talk about how they affect us, how we can challenge them, and how we can support those who are differently gendered. We will also provide general knowledge on transgender identities and issues.

4:30 pm – 5:30 pm Plenary Session

Spare Change

Spare Change Peer Education, Six Rivers Planned Parenthood

Karrin Palmer, Coordinator

An interactive theatrical performance raising people's awareness relating to sexuality and teen life.

Special Events

"Lighting the Way to Healthy Futures"

California's FIRST School-based Health Center Turns 20!

The Balboa Teen Health Center, located on the campus of Balboa High School, has been making students health and well being a priority since 1986.

Comprehensive services are provided by an interdisciplinary team of health care providers supported through a collaboration of the San Francisco Department of Public Health, the San Francisco Unified School District and the Bayview Hunter's Point Foundation.

Please come and celebrate this milestone event with staff and supporters at the

Balboa Teen Health Center
1000 Cayuga Avenue

San Francisco California 94112

Thursday, 18 May 2006

6:00 pm

Dinner, Entertainment and More!

Free Shuttle Service will be available to and from the conference with departure at

5:30 pm

Youth Track Party

All youth participants and their chaperones are invited to join the youth track gathering in Wendte Hall.

Dinner, networking, live music, an open mic and dancing

6:00 pm – 9:30 pm

Friday May 19

9:00 am – 10:15 am

Plenary Session

Rights, Responsibilities, Reactions

Claire Brindis, Professor of Pediatrics and Health Policy, University of California, San Francisco

Margaret C. Crosby, J.D, staff attorney, ACLU northern California

Rebecca Gudeman, J.D, M.P.A, staff attorney, National Center for Youth Law

Jessica Rothhaar, Northern California Regional Organizer for Health Access California

What are the rights of teens? Whose responsibility is it to educate and advocate for those rights? How do we react to the policy issues that affect those rights? This interactive panel will present a policy overview covering a myriad of health issues followed by a town hall discussion between participants and speakers.

10:30 am – 12:00 pm

Workshop Session 1.

Put It On, Get It On

Amy, 16, Met West, Oakland

Cassandra, 17, Oakland High, Oakland

Jawara, aka "JaJa," 16, St. Elizabeth, Oakland

Health Initiatives For Youth Peer Educators

If sex is safe, fun and consensual-then we say, it's ALL good! Instead of fear-based tactics, our safer sex message incorporates both the how and why of protection for everyone. Research has proven that abstinence-only messages are not effective, so let's get real about getting down. We guarantee you will laugh, learn skills, and leave informed. After, we will host a discussion about the disconnect between sex education and the actual behaviors of our friends! How can we get a better message across?

Rise Organized! Managing Conflict and Learning Your Own Communication Style

Los Angeles Free Clinic

Lisa, 16, Hollywood High

David, 15, Los Angeles High

Adan, 18, Belmont High

What is conflict? How do you approach it, face it or possibly resolve it? Are you a collaborator, a compromiser, a competitor? In this session, we will discuss our own communication styles when conflicts arise, and how to manage them. We will also share 3rd party "neutral" mediation skills.

Queer African-American Youth Making A Change

Da Rainbow Clique, ECHS

We are a positive group of queer youth that talk about real situations of queer youth. We share our poetry, our research on different ideas plus how we feel about being queer youth of color. We are entertaining, outspoken, and engaged youth that want you to understand our experience and get different views on how you look at queer youth of color. Come peep game!

1:15 pm – 2:45 pm Workshop Session 2

I Love You, I Hate You! Dating Violence Performance and Peer Theatre Workshop

Teens Teaching Through Theatre of Routes For Youth, Santa Rosa

Cast/Educators:

Alli, 17, Windsor High

Mathias, 14, Airway School

Gerald, 17, Santa Rosa High

TiJael, 17, Ursuline High

Marc, 20, Santa Rosa Junior College

Max, 18, Santa Rosa Junior College

Jose, 17

Ashley Aranda, assistant director

Carnelius Quinn, Director

Danielle, 18, Santa Rosa Junior College

Kristen, 18, Santa Rosa Junior College

America, 17, Windsor High

Jessica, 16, Montgomery High

Aislinn, 16, Maria Cario High

Zack, 17

Ivan, 17

This collection of emotional and hard-hitting scenes is guaranteed to make you re-consider what a relationship can be. Examine the cycle of violence, how family history contributes to dating practices, and learn the importance of healthy communication in relationships. Be witness to the power of educational theatre, and stay after the show for an interactive workshop on how to start using playback theatre to infuse your own peer-to-peer curriculum!

Youth Preventing Violence

Youth ALIVE

Teens on Target:

Torrance, 15, East Oakland School for the Arts

Markeeta, 17, Leadership Preparatory High School, Oakland

Alejandra, 17, Life Academy for Health and Bioscience, Oakland

Shanita, 16, Castlemont Business, Information and Technology School, Oakland

Youth Preventing Violence is a workshop designed to educate young people about the root causes of violence in our community, so that they can become advocates for violence PREVENTION. It teaches young people that violence is not inevitable or natural, and that there are concrete steps that they can take to make their communities safer, healthier and violence-free.

Youth

Catalina Hayes-Bautista, YO! and Beat workshop facilitator/editor

Will Roy, Beat workshop facilitator/editor

Perry Jones, Beat workshop facilitator

Youth writers/editors from YO! Youth Outlook and The Beat Within will present a hands-on media workshop demonstrating the writing workshops conducted in juvenile halls and public schools. The group will discuss a topical issue then do writing for 20-30 minutes, followed by a chance to read the poems, flows, raps, thoughts they wrote aloud to the group.

3:00 pm – 4:30 pm Plenary Session

The Teenage Brain: Behind the Promise and the Challenge

Curren Warf, MD, Division of Adolescent Medicine, Children's Hospital Los Angeles

The developmental pathway of adolescent emotional and cognitive development is well appreciated today by those who work with youth. Recent research demonstrates dramatically the continuing development and maturation of the human brain during adolescence that mirrors the observed development. This continuing process underlies the behaviors, thoughts and feelings of teens, and demonstrates the neurophysiological basis of resiliency and maturation. Dr. Warf will review recent research examining the neurological underpinnings of adolescent maturation.