



California Adolescent Health Collaborative

CAHC NEWS

Spring 2009

IN THIS ISSUE

In The News
Resources
Policy Updates
Upcoming Events
Fundors

Sign Up

SIGN-UP!

QUICK LINKS

California Adolescent Health Collaborative Spring 2009 Newsletter

Spring has sprung at CAHC!

A new brief, "[Teen Dating Violence: Keeping California Adolescents Safe in Their Relationships](#)," has sprouted up, which you'll find in the Resources section of this newsletter.

After 100 days of tense negotiations, California's amended 2008-2009 and 2009-2010 budgets were signed on February 20th. More about the California state budget under [Policy Updates](#).

While we're still enjoying the connections we all made at our September CAHC conference, new seeds are being sown for our 2010 conference. Please [contact us](#) if you would like to be involved in the planning process.

CAHC's Facebook group has grown to 150 members. Join the crew

California Adolescent Health
Collaborative

National Center for Youth Law

National Adolescent Health
Information Center (NAHIC) at
UCSF

Adolescent Health Working Group

and receive breaking news, connect with colleagues and share events. If you're already a Facebook member, type "California Adolescent Health Collaborative" into the "Search for Groups" field within the Groups application. If you aren't a member of Facebook, you can join by clicking [here](#). CAHC's website is also always being updated with events and resources, such as our new [LGBTQ-Recent Research](#) section.

In The News

Reproductive and Sexual Health

One in Four California Adolescent Girls has had the vaccine for HPV

Less than two years after the HPV vaccine was approved as a routine vaccination for girls aged 11 and older, one-quarter of California adolescent girls have started the series of shots that protect against human papillomavirus, which research shows is strongly linked to cervical cancer.

[Read UCLA Center for Health Policy Research's policy brief.](#)

[Read article in the LA Times.](#)

Immigration Measures and Reproductive Health Among Hispanic Youth

Generation, language, and country of origin are predictors of reproductive and sexual risks for Hispanic adolescents. These immigration measures may therefore be useful in targeting community and clinical preventive services.

[Read abstract.](#)

[Read related review article.](#)

Poll: More Californians Support Parental Notification for Abortion, Sex Education in Schools and Government-Funded Birth Control for Teens

While Californians strongly favor pro-choice policies, their attitudes have shifted slightly in favor of abortion restrictions, according to a survey released by the Public Policy Institute of California (PPIC).

[Read more.](#)

[View survey.](#)

Shared Differences: The Experiences of Lesbian, Gay, Bisexual and Transgender (LGBT) Students of Color in Our Nation's Schools

According to this report by the Gay, Lesbian and Straight Education Network, LGBT students of color face unique and diverse challenges regarding victimization at school. The report documents the experiences of over 2,000 LGBT middle and high school students of color.

[Read report.](#)

Public Funds Prevent 800,000 Abortions a Year

Publicly funded family planning prevents nearly two million unintended pregnancies and more than

800,000 abortions in the United States each year, saving billions of dollars, according to new research. The data are in a report released by the Guttmacher Institute, a reproductive-health think tank whose.

[Read article.](#)

[Read report.](#)

Bristol Palin Says Abstinence 'Not Realistic'

Bristol, the 18 year old daughter of Alaska Governor Sarah Palin, made an appearance on Fox News with her mother and young son, Tripp, this February. When asked about contraception she said that abstinence was the best option, but that it was "not realistic at all".

[Read article.](#)

[Watch interview.](#)

Health Care Delivery

Adolescent Vaccination: Recommendations from the National Vaccine Advisory Committee

These vaccine recommendations, intended for health policymakers, immunization program managers, healthcare providers, and other stakeholders, span a number of categories and include venue/healthcare utilization, consent, communication/public engagement, financing, surveillance, and school mandates.

[Read article.](#)

Parents and Health Care Professionals Working Together to Improve Adolescent Health: The Perspectives of Parents

One proposed strategy to improve adolescent health and health care is to create working partnerships among adolescent health care professionals (HCPs) and families. In this pilot qualitative study 17 mothers were interviewed in order to explore their perceptions of the role of parents, HCPs, and parent-HCP partnerships in addressing adolescent health issues.

[Read abstract.](#)

Reforms Needed in Health Care Services for Adolescents, Including Greater Coordination of Care and Better Training for Providers

A new report from the National Research Council and Institute of Medicine indicates current health services for youth ages 10 to 19 are fragmented and poorly designed to meet the needs of all adolescents in this age group.

[Read more.](#)

Discussion of Sensitive Health Topics with Youth During Primary Care Visits

Researchers found that youth had more positive perceptions of the provider and were more likely to report taking an active role in treatment when the primary care visit included the discussion of a sensitive health topic.

[Read abstract.](#)

Health Insurance Discontinuities Among Adolescents Leaving Foster Care

In this two year study of adolescents leaving foster care, the authors conclude that most youth leaving the child welfare system seem unable to transition to other forms of health insurance coverage. Even those that do acquire coverage, do so after an inordinate period of time. Enacting existing extensions of

Medicaid coverage until age 21 for foster care youth is necessary to provide the resources to address the considerable health and mental health needs among these youth.

[Read abstract.](#)

Media and Technology

Online Intervention as a Way of Reducing Risk Behaviors on Social Networking Sites

Using a cautionary online message from a physician as an intervention, this study tests whether this intervention reduces references to sex and substance abuse on social networking web sites among at-risk adolescents.

[Read abstract.](#)

Association Between Media Use in Adolescence and Depression in Young Adulthood

In this longitudinal study of over 4,000 adolescents, researchers conclude that television exposure and total media exposure in adolescence are associated with increased odds of depressive symptoms in young adulthood, especially in young men.

[Read more.](#)

Teens Biggest Online Threat Is Peers, Not Predators

According to a recent report from Internet Safety Technical Task Force, other teens, not predators are a more likely threat. The report points out that most research focuses on adult pornography and violent content, but there are also concerns about other content that youth themselves generate. Also, minors are not equally at risk online. Those who are most at risk often engage in risky behaviors and have difficulties in other parts of their lives.

[Read news article.](#)

[Read report.](#)

Marketing Tobacco to Teens

According to the CDC's Morbidity and Mortality Weekly Report, 78 percent of middle school students and 87 percent of high-school students prefer to smoke Marlboro, Camel, and Newport brands and that there was a considerable difference in the brands preferred by boys and girls, and blacks and whites.

[Read US News article.](#)

[Read report.](#)

Resources

Reproductive and Sexual Health

CAHC Releases Educational Brief on Teen Dating Violence Prevention

CAHC released a new educational brief this February, "Teen Dating Violence: Keeping California Adolescents Safe in Their Relationships."

Teen dating violence is a major adolescent health concern. Youth ages 16 to 24 experience the highest per capita rate of intimate partner violence of any age group, a rate nearly triple the national average. Younger adolescents are also at risk. A recent study found significant levels of abusive behavior in "tween" (ages 11 to 14) dating relationships, and teens report that abusive behavior increases dramatically in the later teen years.

[Download the brief.](#)

A Question of Hope: Reducing Latina Teen Childbearing in California

This film aims to capture the insights, choices and opportunities of young Latina women in California. It is based on findings from a study conducted at the Bixby Center for Global Reproductive Health and the Center on Social Disparities in Health at the University of California, San Francisco. In the study, Latinas who would soon deliver their first babies were interviewed. Half of those interviewed were teenagers and half were older, the latter having successfully delayed pregnancy until they were adults. The film is intended to be useful to policymakers, health and social services professionals, and others concerned with helping teens delay childbearing into adulthood.

[View the film online.](#)

California Adolescent Sexual Health Work Group (ASHWG) 2006 Data for California Adolescent Births, AIDS, STDs

The California Adolescent Sexual Health Work Group (ASHWG) is a standing work group of program managers from the California Department of Public Health, California Department of Education, and key non-governmental organizations committed to working more effectively to address the sexual and reproductive health of California adolescents.

The ASHWG Data Tables and Charts for Adolescent Births, AIDS and STDs are presented with standardized data elements across all conditions, i.e. age, race, gender, and timeframe. The purpose is to make data readily available for improved program planning, implementation and evaluation by programs serving adolescents.

[Download PowerPoint.](#)

10 Ways to Effective Teen Fatherhood Programs

Child Trends identifies ten common features of "model" and "promising" programs for teen fathers. Eighteen fatherhood programs were assessed and, of these, one was identified as a "model" program and three as "promising" programs.

[Download the report.](#)

Updated Male Latex Condom Fact Sheets From CDC

These recently updated fact sheets provide non-technical summaries of "condom effectiveness". They can be downloaded at the following links.

[Updated fact sheet for public health personnel](#)

[New fact sheet in brief](#)

[Selected references](#)

Hookup 365/24/7 - Youth-Focused Text- Messaging Program

In partnership with the California Family Health Council (CFHC) and Internet Sexuality Information Services, Inc. (ISIS), the California Department of Public Health STD Control Branch has been developing a youth-focused text-messaging program called "Hookup 365/247" which will be launched statewide on April 1st. By sending the word "hookup" as a text message to 365247, youth can get "hooked-up" with weekly tips on sexual health and can enter their zip-code to obtain local clinic referrals for STD testing and reproductive health services.

[Find out more.](#)

Media and Technology

Digital Youth Report

The Digital Youth Report compiles data from over 800 youth and young adult interviews and over 5000 hours of online observations as part of the most extensive U.S. study of youth media use.

The results show that America's youth are developing important social and technical skills online - often in ways adults do not understand or value.

[Read report.](#)

[Read article.](#)

Report Focuses on Influences of the Media on Teen Sexual Behavior and Attitudes

Written for practitioners and program providers, this report details how the media influences, in positive and negative ways, teen sexual knowledge, attitudes, and behavior as well as offers practical suggestions for how those working with youth can use the media to reach young people and provides suggestions on how best to capitalize on the exploding world of digital media.

[Download the report.](#)

Juvenile Justice

Cradle to Prison Pipeline Report

This factsheet reviews statistics on poverty, health care, early childhood education, education, child welfare, juvenile justice system and incarceration, and community violence as well as provides action steps to protect and reroute children from detention and incarceration in California.

[Read report.](#)

Youth Development

Federal Programs & Youth Workers: Opportunities to Strengthen Our Workforce (2009)

Policymakers increasingly view youth development and after-school programs as solutions to a host of problems confronting youth, communities and our country overall. The report is a policy scan of a broad range of federal programs to determine how federal funds are being used to support youth worker development. The authors make recommendations for increasing support for this workforce, including using a Federal Youth Development Coordinating Council to coordinate strategy.

[Read report.](#)

Health Care Delivery

Pediatric Perspectives and Practices on Transitioning Adolescents with Special Needs to Adult Health Care

Most pediatric practices do not initiate transition planning early in adolescence or offer the transition support services identified as critical for ensuring a smooth transition to adult health care. Gaps in transition support are due in part to limited staff training and lack of an identified staff person responsible for transition. This fact sheet presents new national data on the transition support services offered in pediatric practices to adolescents with special needs and the barriers affecting their availability.

[Read more.](#)

Policy Updates

California Budget Passed!

After 100 days of tense negotiations, California's amended 2008-2009 and 2009-2010 budgets were signed on February 20th. The budget package calls for \$15 billion in program cuts and spending reductions, \$12.8 billion in temporary tax increases and \$11.4 billion in borrowing. It also relies on \$7.8 billion in federal stimulus revenue. Results of a recent poll show that Californians give the budget a 55% approval rating. However, the fight is not over yet. In order to enact the budget, voters will need to approve reappropriation of previously ear-marked funds through a Special Election process.

May 19 Special Election

California voters will be presented with six ballot measures, whose approval is needed to enact the proposed budget. These measures include Proposition IE. Proposition IE would redirect \$227 million in funding from the Mental Health Services Act (MHSA- Prop 63) for two years to pay for the Early Periodic Screening, Diagnosis and Treatment Program services for children and young adults under 21 years of age. Voters approved Prop 63, a 1% income tax on those earning more than \$1 million, in November 2004, to finance new and expanded mental health services.

SB543: Minors: Consent to Mental Health Treatment

Introduced by Senator Leno last month and co-sponsored by Equality California, National Association of Social Workers - California Chapter, Mental Health America of Northern California, GSA Network, this bill would allow adolescents over age 12 to access mental health services without parental consent if their health care provider deems they are 1) "mature enough to participate intelligently" OR 2) they are in imminent danger of hurting themselves or others, or the victim of child abuse. Under current law, both criteria must be met. Mental health advocates believe this bill will reduce the barriers to care many adolescents face in accessing behavioral health services.

[Read more.](#)

[Sign on as a supporter or sponsor of the bill, contact Senator Leno's office](#)

Obama Administration Moves to Rescind the "Conscious Clause" in the Weldon Amendment

The Weldon Amendment, a last-minute Bush administration rule granting broad protections to health workers who refuse to take part in abortions or provide other health care that goes against their consciences, is set for reversal. Early in March the Department of Health and Human Services (HHS) proposed to rescind the regulation in its entirety. A public comment period runs through April 9th, giving

people an opportunity to voice how the regulation would impact access to information and health care, particularly for low income populations.

Comments can be made via e-mail to proposedrescission@hhs.gov.

Upcoming Events

Sex:Tech Conference: Focus on Youth, March 22-23, 2009

This STD/HIV prevention conference will focus on youth and technology. Sex:Tech 2009 will explore available tools and methods for reaching youth with culturally appropriate STD/HIV prevention and sex education interventions from a youth perspective, with input from public health professionals, educators, researchers, and technology developers. The conference will be held in San Francisco, California.

[Find out more.](#)

Taking Action Conference: Connecting Youth, Transforming Lives, March 22-24, 2009

Hosted by the California Coalition for Youth, this year's conference goal is to highlight issues and challenges facing transition-aged youth of all backgrounds throughout California. The conference will be held in Sacramento, California.

[Find out more.](#)

Minor Consent and Confidentiality Workshop, March 24, 2009

Sponsored collaboratively by TeenNow California (TNC), the California Adolescent Health Collaborative (CAHC), and the National Center for Youth Law (NCYL), this training covers practice standards and guidelines, policy issues, and laws on minor consent/confidentiality, including an overview of HIPAA and features case study scenarios. This event will be held in Sacramento, California.

[Find out more.](#)

The Society of Adolescent Medicine, Annual Meeting, March 25-28, 2009

The 2009 Annual Meeting of the Society for Adolescent Medicine (SAM) will be held this March in Los Angeles, California. Innovative research, clinical workshops and discussion forums will be presented from diverse disciplines around the world.

[Find out more.](#)

Adolescent Sexuality Conference, April 6-7, 2009

"Today's Youth - Tomorrow's Voice" is the theme of this year's Adolescent Sexuality Conference which will be held April 6-7 at the Seaside Convention Center in Seaside, OR. The conference is for educators, health personnel, administrators, counselors, social workers, youth service workers, parents, clergy, teens and community members.

[Find out more.](#)

CPEHN's Spring Convening, dates in April and May throughout the state

CPEHN invites you to their spring convening, Unlocking the Playground: Achieving Equity in Physical Activity Spaces. This workshop will focus on the lack of safe spaces for our communities to be physically active, and what people across the state are doing on this important issue. Come hear about the experiences of local advocates and school personnel in opening up school facilities to create environments that promote health. Fresno: April 9. Oakland: April 21. San Diego: April 28. Los Angeles: May 4.

[Find out more.](#)

Minor Consent and Confidentiality Workshop, April 16 or 17 (TBD), 2009

Sponsored collaboratively by TeenNow California (TNC), the California Adolescent Health Collaborative (CAHC), and the National Center for Youth Law (NCYL), this training covers practice standards and guidelines, policy issues, and laws on minor consent/confidentiality, including an overview of HIPAA and features case study scenarios. This event will be held in Fresno.

[Find out more.](#)

California Immunization Coalition Summit, April 20-21, 2009

This year's Summit will feature presentations and discussions on current immunization issues and practices, including the use of new media to influence social change. Topics will also include: legislative updates, vaccine financing and reimbursement, complementary delivery sites, immunization registry updates, recent immunization trends, and strategies that providers, coalitions, and organizations can use to effectively communicate vaccination messages at the local level.

[Find out more.](#)

Planned Parenthood Capitol Day 2009: Yes We Plan!, April 22, 2009

Capitol Day is an opportunity to travel to Sacramento and join Planned Parenthood supporters from across California, lobby for women's health care rights, meet with elected officials, and attend workshops, performances, and rallies. Planned Parenthood staff will provide transportation, training, lunch, and an awesome t-shirt. All you need to bring is your passion to make a difference!

[Contact Anisa for details.](#)

Identifying & Responding to the Reproductive Health and Relationship Needs of Adolescent Males, April 24, 2009

This training will focus on enhancing and improving reproductive and sexual health services for adolescent males in our clinics and community programs. This training is co-sponsored by The California Adolescent Health Collaborative and the Alameda County Public Health Department in San Leandro.

[Find out more.](#)

HIV/AIDS Update Conference, April 24, 2009

This training, held in Yreka, California, is intended for professionals who work with at risk youth and adults. The conference will provide an update on HIV/AIDS and the challenges regarding the continuing spread of the virus. The conference will also allow participants to hear from state, local and regional players involved with HIV prevention education, counseling and testing and care and treatment.

[Download flyer.](#)

Sex Ed Teacher Training for Middle and High School Teachers, April 25, 2009

Learn the essential skills for teaching Sex Ed to 7th -12th graders at Planned Parenthood Golden Gate in San Francisco, California.

[Find out more.](#)

Confidentiality and Minor Consent Workshop, May 12, 2009

Co-sponsored by Humboldt County Office of Education, Humboldt County Maternal Child and Adolescent Health, and the California Adolescent Health Collaborative (CAHC), this training covers

practice standards and guidelines, policy issues, and laws on minor consent/confidentiality, including an overview of HIPAA and features case study scenarios. This event will be held in Eureka. Time and location to be determined.

Email [Virginia Duplessis](mailto:Virginia.Duplessis@cahc.org) at CAHC for more information.

Fostering Resilience: Better Outcomes in Tough Times, May 13-15, 2009

California Mental Health Advocates for Children and Youth's (CMHACY) 2009 conference will highlight programs that are relevant, efficient, and effective in achieving outcomes in these times of fiscal restraints. Innovative collaborations across systems will also be featured. The conference will be held at the Asilomar Conference Grounds in Pacific Grove, California

[Find out more.](#)

Childhood Obesity Conference: Creating Healthy Places for All Children, June 9-12, 2009

The Childhood Obesity Conference draws more than 1,800 participants, representing a wide range of people from health care professionals who work with children to health care policy makers. The conference will be held in Los Angeles, California.

[Find out more.](#)

School Wellness Conference, October 6-7, 2009

The California School Boards Association, in partnership with the California Department of Education and California Department of Public Health, are hosting the 2009 School Wellness Conference. This conference will build upon the inaugural 2007 event, which was the largest school wellness conference in the nation. Workshop and individual proposals are due by March 20, 2009. Proposals for poster presentations are due by May 29, 2009.

[Visit website.](#)

Funders

The California Adolescent Health Collaborative is funded by The California Wellness Foundation, The California Endowment, Compton Foundation, Inc., the Maternal, Child and Adolescent Health (MCAH) Program, California Department of Public Health, and Taproot Foundation.

The CAHC would like to thank these organizations for their commitment and generous contributions to improving adolescent health.

If you have an item you would like to include in future CAHC newsletters, please contact us at newsletter@californiateenhealth.org

Sincerely,

California Adolescent Health Collaborative

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